



**St. John Vianney School**

Steps to Independence & Education for Life

# Weekly News

06/11/2020



Diocese of SALFORD  
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## Headteacher's Message:

Dear Parents and Carers,



On Monday this week we welcomed our children and staff back into school after the autumn half term break; I do hope that you and your families managed to have a rest during the week holiday?

As we move into a national lockdown again from November 5th, we intend to follow current government guidelines and remain open for all children, where possible, through till the end of term on December 18th. We have already had to send home a significant number of staff this week who are self isolating, as the spread of the coronavirus continues to increase. Unfortunately, we have also had to send home a small group of children from school this week because of a positive test case in one class group. We apologise for the disruption this causes to families, but must follow isolation guidelines given by Public Health and the Government. Please be assured that we are continuing to ensure we have safe practice, with particular reference to encouraging social distancing across the school site. We have this week been able to accommodate the staff shortage by moving staff within their hubs at school, where the need is required and will continue to do this to ensure the children have the necessary support each day in school.

The children have come back from the half term break enthusiastic and positive and that gives us real hope that we can continue to manage everyone on site each day. We are unable to continue with some external activities, such as swimming and cycling but will adapt the curriculum accordingly. Ensuring we are able to give the children the full curriculum diet during the lockdown will be a challenge for us, but one which we will continue to work towards.

As always, we will try to keep you as informed as possible of any developments in school and if there is anything we can do to support you and your families during the lockdown please do contact us through the Admin office.

I hope you have a safe and restful weekend.

**Mr A Moloney**

**Headteacher**



## Stars of the Week

Just some of our  
'Stars of the  
Week' last week



**Leon**

**Connor**

**Callum**

**Arshvin**



## Literacy

I hope everyone had a good half term and was able to implement some of the strategies I referred to in my previous newsletter post? Also, did you know the month of November is dedicated to Non-Fiction? Non-Fiction or factual books or programmes are a great way to engage reluctant readers, as you can really focus in on someone's interests whether it be dinosaurs, buses...or this year's theme of 'Our beautiful Planet'!

Class 11 have started looking at how we see literacy used around us in our communities. This week we looked at the different signs and symbols we come across in everyday life and how they are often universally recognised, helping to support language barriers. If you are out and about on your exercise walk over the weekend why not have a look at what literacy you can see around you? Best wishes, **Miss Nesbitt**



# **Our Catholic School**

It is good to be back after the half term break and SJV are relaxed and refreshed and looking forward to the term ahead. Within our Catholic school we are remembering and celebrating that November is Month of the Holy Souls and All Saints. Within the school we are all going to be looking at different saints with the rainbow building and some Key Stage 3 classes, looking at a 'saint a day' and the older learners are going to be choosing a saint to look at in more detail. We, as a Catholic school, are going to focusing on God's message from **Pope Francis**; - **'What does it mean to be blessed. To be blessed means to be 'happy'**. Let us all be grateful for what the Lord has provided and show our gratitude by loving those around us. It's again going in to a tricky time for us with another national lockdown, but we need to celebrate and remember all that we have and how blessed we are and to say thanks for all that we have.

The Chaplaincy team are looking ahead to Remembrance Day and the month of the Holy Souls and gathering names of those we want to be remembered in our service. We are also praying for those who have recently died from Father Desmonds Parish and are planning activities to celebrate the Saints.

Within RE this week we have tried to follow Pope Francis message and the focus of our school by being grateful for what the Lord has provided and show our gratitude by loving those around us. Classes have made hearts to say thanks to those around us. We have also been looking at Saints and which saints are Patrons of different jobs, we had great fun acting out the occupations and guessing what they are. I want to say thanks to my class 7, who managed to guess that Saint Ambrose is the patron saint of candle makers and bees; my acting must be better than I thought ;)



Please take care and stay safe, you are all in my thoughts and prayers

*Mrs Garfin*

**Saint Martin de Porres**



## **A Day in the life of... Tomasz Gorkiewicz**

**What I've been doing this week:** This week I have learnt about 'Riffs' in Music. In English we studied 'The sorting hat poem' from Harry Potter. I enjoyed my ICT lesson too.

**What is the best thing about being in SJV?** I like all the lessons and learning new ideas.

**It would be even better if...** I would like to have a room to play in and jump around in, a bit like inflatanation!

**Hopes and dreams for the future:** I would love to be a train driver on the London to Ed-inburgh route!

## **Introducing... Mrs Kay**

**Role in School:** Teaching Assistant in Class 2

**What I've been doing this week:** This week I have been having a lovely time with Class 2. We have had a really calm, productive week. The children have produced some good work and we have been learning about World War II, which we have found interesting.

**What is best about being in SJV?** The children and staff are all amazing and every day is very different and filled with fun.

**It would be even better if...** we had an improved outdoor provision.

**Hopes and dreams for the future:** I hope to stay working at SJV and be part of the school's ongoing improvement.

## Mental Health and Wellbeing

Kooth is a transformational digital mental health support service. It gives children and young people easy access to an online community of peers and a team of experienced counsellors. Access is free of the typical barriers to support: no waiting lists, no thresholds, no costs and complete anonymity. Launched in 2004 and accredited BACP, more than 1,500 children and young people across the country login to Kooth every day.

If you would like to find out more information about Kooth please visit their website [kooth.com](http://kooth.com) you may want to talk to your child about the services.



## Mindful Minute

As we enter a new lockdown it is important to look after ourselves and those around us. Our own state of mind in lockdown can easily be passed on to our children. We may be fearful of showing this, but to never have any moments of anxiety or frustration is almost impossible right now. So, rather than trying to completely control or stop these negative emotions, we need to recognise them. Emotions easily spread through a family. If we can find moments to be calm and relaxed, these positive feelings will spread too.

Amidst the muddles, misunderstandings, fun and frustrations of present day family life, here are some suggestions about how - as a parent or carer - you can manage your own wellbeing.

1. Be realistic and kind to yourself
2. Notice what's on your mind
3. Connect with other parents
4. Create routine and agree your own rules
5. Be honest and say sorry when you can



Red

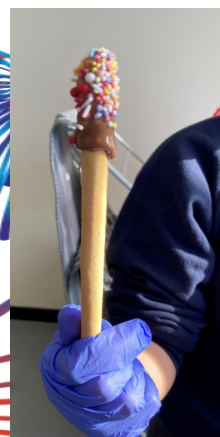
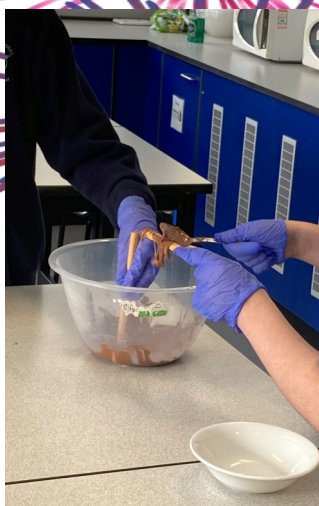


Forefinger brushes across lip.



Key Stage 3 have had lots of fun this week learning about food safety and making breadstick sparklers for Bonfire Night. **Miss Walsh**

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3**







## Class 11

Class 11, had a fabulous African drumming session, at Gorse Hill Studios. Well done everyone. **Mrs Rouse**

Class 4 had a great time at the farm this week! We fed the chickens, collected some eggs, gave the goats some clean hay and even got to visit the bee-hives and watch how they get fed for the winter!

**Miss Walsh**



**Class 4 at the Farm**



## Class 10

Despite restrictions posed by Covid we still manage to have a good time in Class 10. I know not everyone is smiling here but believe me they have all had a good day today. Duke Of Edinburgh pupils, who have their arms raised had a great day cycling, while the others did a lot of unexpected tasks such as changing our fish tank, writing imaginative stories and model making. Never a dull moment here!

Have a lovely weekend,

**Ms Whiting**





What you need to know about...

# VIDEO STREAMING APPS & SITES

part of our Social Media & Live Streaming Series



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[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)

## What are they? 'Video Streaming' Apps & Sites

Video streaming apps and sites can allow people to share activities and hobbies with others in real time or watch their favourite films and TV shows online. There are different types of video streaming services. Twitch is used for watching others play video games in real time; you can watch YouTube live and watch Netflix, Amazon Prime or Apple TV with friends and family. Video streaming has gained popularity in the last few years because there is a sense of community when watching with others and people can comment on videos and ask questions in real-time.

## Know the Risks

### Inappropriate videos

When watching on video streaming apps, it is difficult to filter the content that is out there. For instance, when a child is watching a YouTube video, they will get recommendations for other similar videos. The risk is even higher with videos which are live, as children could be watching inappropriate content in real time.

### Chatting with strangers

Video streaming apps or sites increase the risk of children communicating with strangers online. For example, most YouTube videos allow users to comment on the video. Whilst children could be watching something innocent, the comments section can be used by groomers to try and direct them towards private messaging.

### Binge-watching

Children can easily fall into 'binge-watching' on video streaming apps which can impact on sleep, mood and their ability to concentrate on other things. The autoplay function can make it difficult to find time for a break and often the recommended content is similar to what children are already watching based on the algorithm used.

### Screen addiction

In addition to binge-watching, most video streaming apps are available across all devices with an internet connection which can increase screen time. Popular apps, such as Netflix and Amazon Prime, have huge libraries of content which can mean hours of viewing time and potentially less time spent on learning, playing outside or interaction with friends and family.

## Safety Tips

### Check age-ratings

13+

Ensure that children are at the right age to use the app. Most video streaming apps require users to be at least 13 years old. Be clear on what apps and sites children can use. Encourage them to never participate in online discussions that are offensive and never interact with strangers or people they don't trust.

### Change privacy settings

Check the privacy setting of children's app. Ensure that for whichever app they are using, the settings are set to private and disable comments if applicable. Furthermore, set screen time restrictions via the app or the device to limit children's use.

### Implement parental controls

Activate parental controls on your child's devices and apps. This will prevent them from accessing content they shouldn't. For instance, on Netflix, create a kids profile. This way they will only be able to view videos appropriate for their age group. Likewise, use YouTube Kids over YouTube or apply restrictions and turn off features such as autoplay.

### Spend time on the app

Before allowing children to access a video streaming app, spend some time browsing through its content. Familiarise yourself with how it works, what content is available and what your child wants to watch. Check-in regularly and ask what they enjoy watching and how it makes them feel.

## Action & Support

### Report inappropriate content

If a child comes across inappropriate content or something that makes them feel uncomfortable on an app such as YouTube, you can report the content and the person who has uploaded the content to the platform. If a stranger is looking to engage with your child, block them and report them.

### Have an open and honest conversation

Adults can review the TV shows and films that have been watched many video streaming apps. If a child seems upset or shocked by something they have seen or if you are concerned about anything they've viewed, try to talk to them about it and have an open and honest conversation to help understand any concerns.

### Encourage other activities

If you think a child is spending too much time on a video streaming app, try to foster their interest in other activities or hobbies away from their device. Encourage them to get outdoors, play with friends, play board games or just simply spend more time together with you.

## Our Expert Parven Kaur



Parven Kaur is social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the Founder of Kids N Clicks; a web resource that helps parents and children thrive in a digital world.