

A stylized dove logo in dark blue and light grey, set against a teal circular background. The dove is facing forward with its wings spread. The text "St John Vianney Newsletter" is centered over the dove's body.

St John Vianney Newsletter

07.01.2022



A message from our Headteacher

Dear Parents and Carers,

Happy New Year to you and your families. I do hope you were able to enjoy the Christmas break together and were not too badly affected by the increase in Coronavirus infections, with the onset of the Omicron variant. The children have certainly come back, from the 2-week break, in a positive and cooperative manner and have settled quickly into their school routines. We have certainly come back feeling recharged and ready for the rigours of the spring term.

This week in School has again provided us with new challenges, as we come to terms with the impact of Omicron and a significant number of infections, affecting both staff and pupils numbers at School. Guidance has been provided from the DfE for Schools and it is clear, that whilst infection rates continue to increase, it is the intention to keep schools open for children and young people. Please be assured we are doing all we can to address the guidance we receive and make the best decisions to keep everybody safe and well in the St John Vianney School community. Although staffing numbers fluctuate daily we are confident that we can work flexibly, to ensure each class team has the support and leadership required, to keep children learning in our School. As always, we will do our very best to keep you informed of any developments, as quickly as we can.



Those pupils that have been with us in School have been very supportive and worked cooperatively with staff to maintain safe practice. Thank you to all parents for their understanding of the situation and their patience and

consideration whilst we work through the current challenges. Having your child ready for School each day and with parents reinforcing our expectations and standards, certainly helps us to support each child in School. I am confident that with your ongoing support that we can continue to put SJV on the map as one of the very best SEND schools in the north west. Thanks for your ongoing support.



If you have any queries or concerns please contact the Admin team, who will direct you to the right person, who will be able to return your call.



Very best wishes for the weekend.

Mr A Moloney

Headteacher

Please note, we have made a change to the School Calendar
for the summer term 2022.

**Friday 24th June is now an additional School holiday for
St John Vianney School. The School will be closed on this
date.**

This additional date is in lieu of the national holiday for the
Queen's Platinum Jubilee celebration, which falls during the
Whit break on June 3rd 2022.

The term dates for 2022-23 have now been approved by the Governing Body and are now available on the School website.

SJV Class News



Class 1

Class 1 had lots of fun learning about the Epiphany this week. They made their own Wise Men crowns and acted out the journey to find baby Jesus and bring him 3 gifts.







Class 10

Class 10 had a great time at Gorse Hill Studios on Wednesday afternoon. For the majority of the class it was their first time there. We are looking forward to going there each week.





Class 7

This week in RE, Class 7 have been learning about Epiphany and the 3 kings. We found out that across Europe, people celebrate by eating sweet bread with a Baby Jesus baked into it, so we had some cake and had to find the Baby Jesus inside!







Class 9

Class 9 have been developing their basketball skills in PE this week.







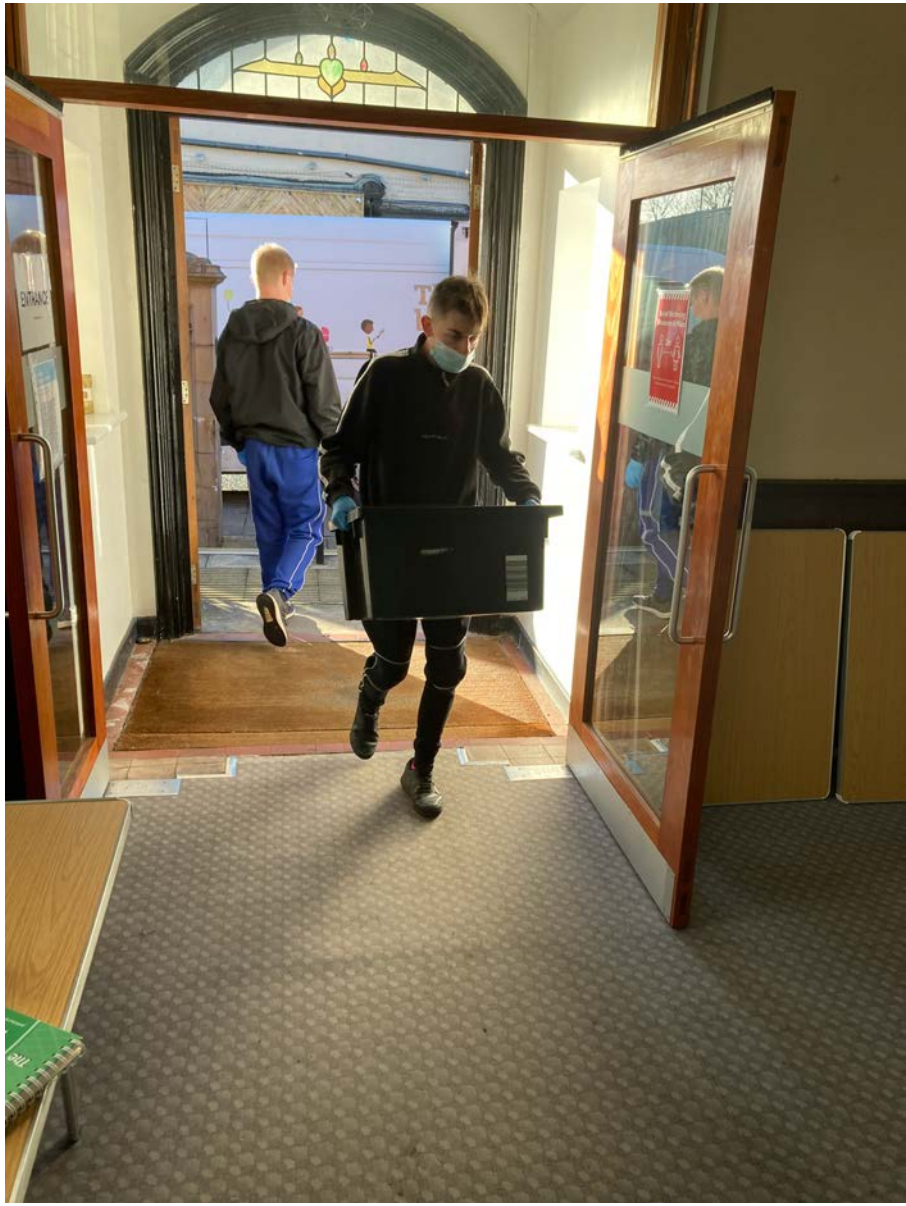
Class 12 & 13

The pupils worked really hard, helping to unload the van for The Bread and Butter Thing. They packed over 60 bags of shopping too. Well done everyone.



What a hard working team they are!!!











Class 3

Class 3 enjoyed visiting Longford Park during Enrichment and Independence on Wednesday afternoon. We had lots of fun and worked together as a team, which was lovely to see.









Class 4

Class 4 had their first session with Olympias Music Foundation this week. They had a great time and all joined in.





Class 8

In Class 8 Literacy we had a great game of 'Would you rather'! Making choices with their cards and then trying to justify their opinions. Most of Class 8 would rather be a dolphin 🐬 than a gorilla 🦍!



Our Catholic School

Happy New Year! Its good to be back in our SJV family and I hope you have had a wonderful Christmas and New Year.

*Within SJV we are focussing on
God's message from Pope Francis
'Christ comes among us at
Christmas: it is the perfect time for
a personal encounter with the
Lord'.*



This week we have a new beginning with our chaplain, as you know Father Des was called by the Church to a new role in Chester. His very welcome replacement Father Nick (who was able to join us before the Christmas holidays to celebrate Mass with us) started officially with us this week. So, we give a huge SJV welcome to Father Nick!



The Chaplaincy team met this week to discuss the questions we want to ask our visitor next week, SJV's local MP Kate Green. The team wrote a letter to her to ask her to look at Child poverty and how she could use her position to help bring about changes and the team invited her to visit and she agreed! We are very much look forward to meeting her and asking our questions.

In RE this week we have been looking at Epiphany and the 12th day and the symbolism behind the gifts. Some classes have modernised the gifts saying what they would bring to him to show that Jesus would be a King, a holy man and that his death would be important. We've had some great ideas about what Jesus would be passionate about today and what he would be speaking out about. We have been looking at how Epiphany is celebrated in some European countries, for example did you know that children leave their shoes out the night before to be filled with gifts, while others leave straw for the three Kings' horses?



We are looking forward to 2021 in SJV and all the wonderful achievements that our students will achieve this year, as we continue to grow and develop together.

By Mrs Garfin

A word from our Family Liaison Officer and Deputy Safeguarding Lead

Mrs Julie Griffin

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about AGE-INAPPROPRIATE CONTENT

"Inappropriate" means different things to different people. What's acceptable for one age group, for example, may be unsuitable for a slightly younger audience. Online, young people can chance upon inappropriate content in various ways – from pop-up ads to TikTok videos. The increasingly young age at which children become active in the digital world heightens the risk of them innocently running into something that they find upsetting or frightening. Trusted adults need to be able to help children be aware of what to do if they're exposed to age-inappropriate content.

WHERE IS IT FOUND?

SOCIAL MEDIA

Age-inappropriate content is easily accessible through many social media platforms. TikTok, for instance, is hugely popular with young people but is arguably best known for clips featuring sexualised dancing or profanity. Some social media users also express hate speech or promote eating disorders and self-harm, which could cause lasting damage to a child's emotional and mental health.

GAMING

Gaming is an enjoyable source of entertainment, but many popular titles can expose children to inappropriate material such as violence, horror, gambling or sexually explicit content. Playing games unsuitable for their age risks normalising to children what they are seeing. Some games also include in-game chat, where other (usually older) online players often use language that you probably wouldn't want your child to hear or repeat.

STREAMING

The range of video streaming services available online means that users can find almost anything they want to watch on demand. Children are therefore at risk of viewing TV shows and movies which contain nudity, drug and alcohol abuse, explicit language and extreme violence. Unfortunately, these streaming platforms can't always determine that it's not an adult who's watching.

ADVERTS

Online adverts frequently include age-inappropriate content: usually, gambling and nudity or partial nudity, although adverts for alcohol or e-cigarettes are also common. Some search engines also feature adverts that are responsive to your search history: so if you've recently looked up a new horror movie, shopped for lingerie or ordered alcohol online, then the ads appearing on screen could reflect this the next time your child borrows your device.

18 Advice for Parents & Carers

TALK IT THROUGH

Embarrassment or fear of getting into trouble can make it difficult for children to talk openly about age-inappropriate content they've watched. Remind your child they can always come to you if they're troubled by something they've seen online, without worrying about consequences. Before offering advice, discuss what they saw, how they felt and how they came to find the content in question.

CONNECT, DON'T CORRECT

If your child's been particularly distressed by exposure to content that wasn't suitable for their age, it's important to offer guidance to prevent them from repeating the same mistake – but it's equally vital to help them deal with the emotions that the situation has raised. You could tell them about any similar experiences you might have had at their age, and how you dealt with it.

BLOCK, REPORT, CONTROL

After discussing the problem, you and your child can take action together. This could include blocking any inappropriate sites and reporting any content which violates a platform's rules. To further safeguard your child online, set up parental controls on internet-enabled devices that they use. This will significantly reduce the chances of your child being exposed to age-inappropriate content in future.

GET SPECIALIST HELP

Age-inappropriate content can potentially have a negative impact on a child's mental health, which is sometimes displayed through changes in their behaviour. If the problem becomes more severe, you might consider reaching out to a mental health professional or an expert in this field who can provide you and your child with the proper support.

STAY CALM

Even though it is obviously difficult to stay rational in a situation where your child has been put at risk, it's essential to think before you react. Your child may well have hesitated to open up to you about watching inappropriate content for fear of the consequences, so being calm and supportive will reinforce the notion that it would be easy to talk to you about similar issues in the future.

Meet Our Expert

Coryley Jorgensen is a Registered Counsellor with The Health Professions Council of South Africa, and she runs a private practice offering counseling to children, teenagers and families. Her main focus is creating awareness and educating the community on the mental health pressures of today's world, as well as resources and techniques to understand and cope better.

NOS National Online Safety®
#WakeUpWednesday

Source: <https://www.nationalonlinesafety.com/documents/about-us/parents/age-inappropriate-content.pdf> | <https://www.nationalonlinesafety.com/documents/online-safety/parental-controls/parental-controls/parental-controls/age-inappropriate-content-fact-sheet.pdf>

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Looking after a child or young person's mental health

There are times when we all feel the strain. As parents and carers, there are ways we can support children and young people to give them the best chance to stay mentally healthy. To access the link click on the blue lettering

Top tips to support children and young people

Be there to listen

Regularly ask how they're doing so they get used to talking about their feelings and know there's always someone to listen if they want it. Find out how to create a space where they will open up.

[How to start a conversation with your child](#)

Support them through difficulties

Pay attention to their emotions and behaviour, and try to help them work through difficulties. It's not always easy when faced with challenging behaviour, but try to help them understand what they're feeling and why.

[Help with difficult behaviour and emotions](#)

Stay involved in their life

Show interest in their life and the things important to them. It not only helps them value who they are, but also makes it easier for you to spot problems and support them.

Encourage their interests

Being active or creative, learning new things and being a part of a team help connect us with others and are important ways we can all help our mental health. Support and encourage them to explore their interests, whatever they are.

Take what they say seriously

Listening to and valuing what they say, without judging their feelings, in turn makes them feel valued. Consider how to help them process and work through their emotions in a more constructive way.

[The Anna Freud Centre support guide](#)

Build positive routines

We know it still may not be easy, but try to reintroduce structure around regular routines, healthy eating and exercise. A good night's sleep is also really important – try to get them back into routines that fit with school or college.

[Sleep tips for children](#)

Mindful Minute

A few tips from our emotional and mental wellbeing team
here at SJV.





Autastic
charity begins at home

autastic charity autasticcharity
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theautasticcharity@gmail.com
07984085194

1ST SUNDAY
of every month

11:00AM - 12:00 NOON

@ Gorton Community Centre
543 Abbey Hey Ln, Abbey Hey
Manchester M18 8PF

- Accessible Dance sessions
- Games/Team building
- Sensory trial
- Meditation

£2 Donation
non for profit charity

Autastic charity 1180325



Enjoy your
Weekend!

Credits:

Created with images by coyot - "mask surgical mask virus" • truthseeker08 - "hands team united" •
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